



ALLERGEN KEY

A Gluten **B** Crustaceans **C** Molluscs **D** Fish **E** Peanuts **F** Nuts **G** Eggs
H Soybeans **I** Milk **J** Celery **K** Mustard **L** Lupin **M** Sesame **N** Sulphur Dioxide

Monday

- M** Chilli Con Carne & Rice, served with Tortillas & Mixed Leaf Salad (A, J)
- V** Filled Baked Jacket Potato With Baked beans & Cheese (A, I)
- Seasonal Whole Fruit

Tuesday

- M** Traditional Beef Lasagne, served with Fresh, Crunchy Slaw & Garlic Bread (A, G, I, J, K)
- V** Chunky Veg & Mixed Bean Chilli with Rice, served with Garlic Bread (A, H, I)
- Traditional Jam Sponge Cake With Custard (A, G, H, I)

Wednesday

- M** Fish Bites & Chips with Tartar Sauce with Baked beans, Fresh Salad (A, D, G, I)
- V** Veg Stir Fry Noodles with Crispy Fresh Salad (A, I)
- Flapjack with Raisins (A, N)

Thursday

- M** Chunks of Chicken in a Creamy Sauce, Topped with Golden Puff Pastry, served with Parsley Potatoes, Broccoli & Sweet corn (A, I, J)
- V** Selection Of Sandwiches served with Parsley Potatoes, Broccoli & Sweetcorn (G, I, K)
- Trifle (A, I, N)

Friday

- M** Hot Dog in a Bun with Wedges served with Seasonal Salad (A, I, N)
- V** Mexican Vegetable Stack served with Served with Seasonal Salad (A)
- Coconut Cup Cake (A, G, H, I)

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WEEK 2



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Monday

- M** Mutton Tikka Masala, served with Basmati Rice, Naan Bread (A, I, J)
- V** Filled Baked Jacket Potato With Baked beans & Cheese (A, G, I)
- Seasonal Whole Fruit

Tuesday

- M** Chicken Bites With Cajun Flavour Wedges Served With Baked Beans & Greek Salad (A, I, K)
- V** Chargrilled Vegetable Enchiladas, Served With Wedges & Greek Salad (A, I, K)
- Chunky Fruity Flapjack Served With Vanilla Sauce (A, H, I, J)

Wednesday

- M** Italian meat balls in tomato ragu sauce served with Penne pasta, medley of fresh vegetable or Fresh Salad & Garlic bread. (A, I)
- V** Veg Lasagne Served with Garlic Bread (A, I)
- Apple crumble with Custard (A, H, I)

Thursday

- M** Traditional Cottage pie, served Savoy Cabbage & Carrots (I, J)
- V** Chick pea & Sweet Potato Curry, served Pilau Rice & Onion Bhaji (A, I)
- Lemon Drizzle Cake, served with vanilla Sauce (A, G, I)

Friday

- M** Breaded Fish or Fish Fingers & Chunky Wedges Served With Garden Peas & Fresh Salad (A, D, G, K)
- V** Cheese & Tomato Baguette With Veggie Toppings & Pickled Chutney (A, I, M)
- Fruit Yogurt With Biscuits (I)

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Monday

M Traditional Beef Spaghetti Bolognese, Served With Chef's Special Salad & Garlic Slice (A, J)
V Filled Baked Jacket Potato With Baked beans & Cheese (A, I)
Seasonal Whole Fruit

Tuesday

M Jerk Chicken Served With Boiled Rice, Peas & Fresh Salad (A, I, J)
V Veggie Noodles Served With Prawn Crackers (A, D, G, M, N)
Banana Sponge Cake with Sauce (A, G, I)

Wednesday

M Chicken Fillet, Creamy Mash Potato & Vegetables served with Creamy mushroom Sauce & Mix salad (A, I)
V Quorn & Tomato Sauce Bolognese served with Greens & Fresh Carrots (A, I)
Peach & Pear Crumble Served With Hot Custard (A, H, I)

Thursday

M BBQ Chicken & Diced Potato Served With Coleslaw (A, J, K)
V Margarita Pizza Served With Garlic Bread & Coleslaw (A, H, I)
Chocolate Brownie Served With Chocolate Sauce (A, G, I)

Friday

M Bbq Lamb Burger & Chips Served With Green Salad & Chefs Special Sauces. (A, I, K, N)
V Mac 'n' Cheese, Served with Chips, Peas or Side salad (A, I, K)
Fresh Fruit Salad with Cream (I)

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Monday

- M** Chicken Tikka Masala Served with Jeera rice, Raita & Naan (A, I, J, K)
- V** Filled Baked Jacket Potato with Baked beans & Cheese (A, I)
- Seasonal Whole Fruit

Tuesday

- M** The great British Bangers & Mash, Served With Honey Carrots, Onion Gravy & Fresh Salad (A, I)
- V** Sweet Potato & Lentil Curry Served With Rice, Mint Yougurt & Popadum (A, J, M)
- Coconut & Jam Cake Served with Custard (A, G, I,)

Wednesday

- M** Stir Fried Noodles With Crispy Chicken Served With Mix Leaf Salad (A, G, H, J, M)
- V** Cheese & Tomato Pizza Served With Garlic Bread & Fresh Salad (A, I)
- Apple Crumble Served With Hot Custard (A, H, I)

Thursday

- M** Peri Peri Chicken With Roast potatoes Served with Sweetcorn & Carrots (A, I)
- V** Falafel & Roasted Pepper Wrap With Roast Potato Served With Garlic Mayo (A, G, I, K)
- Pineapple Upside Down & Custard (A, G, H, I)

Friday

- M** Breaded Fish & Chunky Wedges Served With Garden Peas & Fresh Salad (A, D, G, K)
- V** Veg Lasagne Served With Wedges & Mix Salad (A, H, I)
- Fruity Friday

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Monday

- M** Mutton Korma with Pilau Rice, served with Bombay Potatoes & Salad. (A, K, N)
- V** Filled Baked Jacket Potato with Baked beans, Cheese & Coleslaw or salad (A, I, G)
Seasonal Whole Fruit

Tuesday

- M** Chicken Fajitas, served with Spicy Wedges, Coleslaw or Salad (A, G, I, K)
- V** Spinach & Ricotta Cannelloni, served with Spicy Wedges & Fresh Salad (A, G, I, K)
Fruity Flap Jack & Chocolate Sauce (A, H, I, N)

Wednesday

- M** Cajun Roast Chicken, served with Roast Potatoes, Broccoli & Gravy & Salad (A, I)
- V** Vegetable Korma with Naan bread & Rice & Salad (A, J, K)
Jelly with Ice Cream

Thursday

- M** Traditional Beef Lasagne, served with Fresh Green Salad & Garlic Bread (A, G, I, J, K)
- V** Vegetable Stir Fried Rice Served With Fresh Green Salad (A, G, I, K)
Apple Crumble Served With Hot Custard (A, H, I)

Friday

- M** Breaded Fish or Fish Fingers Served With Baby Roast Potatoes mixed in Herbs, served with Baked Beans or Fresh Salad (A, D, G, K)
- V** Homemade Vegetarian Sausage Rolls or Sausages, served with Baby Roast Potatoes mixed in Herbs & Baked Beans or Fresh Salad (A, I)
Fruity Friday

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Monday

- M** Beef Stew, served with Creamy Mash, Rice & Mixed Greens (A, I)
- V** Filled Baked Jacket Potato with Baked beans & Cheese Coleslaw or salad (A, G, I)
- Seasonal Whole Fruit

Tuesday

- M** Butter Chicken Served with Rice and salad (A, I, J)
- V** Macaroni 'Double Cheese' Served With Leeks and Salad (A, I,G)
- Jelly & Ice Cream (A, G, I)

Wednesday

- M** Traditional Cottage pie, served With Savoy Cabbage & Carrots (I, J)
- V** Veggie Noodles Served with Prawn Crackers & Salad (A, D, G, M, N)
- Apple crumble with Custard (A, H, I)

Thursday

- M** Garlic & Lemon Chicken, served with Baby Roast Potatoes, Mix Veg & Salad. (A, K, N)
- V** Spinach, Feta & Cheese puff served with Baby Roast Potatoes, Mix Veg & Fresh Leaf Salad (A, I)
- School Classic Chocolate Sponge & Chocolate Sauce (A, G, H, I)

Friday

- M** Bbq Chicken Burger Served With Wedges & Coleslaw. (A, I, K, N)
- V** Veggie Burger Served With Wedges & Coleslaw. (A, I, K, N)
- Fruit Yogurt (I)